### BONNIE

So you went to Australia, huh? If you throw this thing, does it really come back?

### TREVOR

Why don't you give it a try? Uh, no, no, no, no, no. Would you please sit back down?

### LONG PAUSE

#### BONNIE

So, I guess you're gonna leave it up to me. Okay. If I didn't have ADD, I could've done your job. I could've helped people. Go ahead, uh, give me a problem. How's your marriage?

### TREVOR

We're not here to talk about that.

## BONNIE

Ooh, I was just guessing, but G3, sunk your battleship. How's that make you feel?

### TREVOR

Bonnie, I've treated a number of adults with ADD. In my experience, there can be a tremendous amount of shame and embarrassment attached to it.

### BONNIE

Yeah. It's a burden. I mean, I keep asking myself what kind of mother I could've been, what kind of partner I could've been Is this suede?

# TREVOR

You know, I was gonna test you for ADD, but I think we can skip that. The important thing to remember is that it's not your fault.

### BONNIE

Say more about that.

### **TREVOR**

Well, it's a neurological condition, and there are a variety of ways to treat it. Uh, for instance, there's medication.

### BONNIE

No can do, I'm sober.

### TREVOR

I see some sober patients, and there are certain medications - that people in recovery can use -

### BONNIE

Okay, this is the exact opposite of what I used to yell at doctors, but do not give me pills.

If you tell me to take one, I will take 120.

## TREVOR

Let's move on. There's cognitive behavioral therapy

# BONNIE

Sexy name.

## TREVOR

It's a long-term process of restructuring how you think about things, so it changes your behavior.

#### BONNIE

Yeah, you lost me at "long process." What do you got that's quick?

## **TREVOR**

Well, biofeedback has been proven effective - in a shorter time frame.

### -BONNIE

What's that?

## TREVOR

We wire your brain to a computer

#### BONNTE

Nope, I saw The Matrix, that's how they get you.

### TREVOR

Do you believe that people are trying to get you?

### BONNIE

You're either predator or prey, Trev.

## TREVOR

Would you mind sitting back down?

### BONNIE

I didn't even know I was up. That is just crazy. What about horses? Any therapy horses?

### TREVOR

You think if I had horses, I wouldn't lead with that?

## BONNIE

So no horses? That really should go on your Yelp page.

## TREVOR

I'm sensing some resistance to you treating your ADD.

## BONNIE

Is that what you're "sensing"?

## TREVOR

Okay. I have seen some patients that actually become attached to their ADD, because they feel like it gives them less responsibility for how their lives have

turned out.

# BONNIE

Whoa, whoa, whoa. You're saying I like having this curse?

## TREVOR

Well, I said it much more eloquently, but yes.

# BONNIE

Well, your lousy marriage has obviously got you off your game. Good day, sir. Best thing about this place is this button. Session is over. Or is it? It is!

# TREVO

What a nut.